

8 Hours Before Surgery



STOP eating

STOP formula

OK to have:

- Water
- Gatorade

4 Hours Before Surgery



DO NOT give breast milk

2 Hours Before Surgery



STOP drinking all liquids

WHY? Not eating and drinking is done for your safety. Anesthesia creates a higher risk of vomit entering the lungs during surgery. This serious complication could result in a hospital stay and is very dangerous.